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# Simple Matters: Living With Less And Ending Up With More



## Synopsis

For anyone looking to declutter, organize, and simplify, author Erin Boyle shares practical guidance and personal insights on small-space living and conscious consumption. At once pragmatic and philosophical, *Simple Matters* is a nod to the growing consensus that living simply and purposefully is more sustainable not only for the environment, but for our own happiness and well-being, too. Boyle embraces the notion that "living small" is beneficial and accessible to us all "whether we're renting a tiny apartment or purchasing a three-story house." Filled with personal essays, projects, and helpful advice on how to be inventive and resourceful in a tight space, *Simple Matters* shows that living simply is about making do with less and ending up with more: more free time, more time with loved ones, more savings, and more things of beauty.

## Book Information

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## Customer Reviews

Our youngest child went off to college last Fall making us Empty Nesters. My task for the next few months? Decluttering so my husband and I can downsize to a smaller place. Inexperienced at an entire household declutter, I Googled "decluttering", "simple living", etc. and, among other things, up popped Erin Boyle's blog, *Reading My Tea Leaves*. I found hints on decluttering and set up my "trash", "Goodwill", "think about" and "keep" piles, then set to work sorting 28 years of worth of detritus, accumulated while raising kids. And while I decluttered |. I also got hooked on Erin's Blog: her beautiful writing style, her ideas, and her photography. Erin

Boyle's book, Simple Matters includes a few of her best blog essays, and also, a series of brand new essays. The book is not merely about decluttering, but about embracing a simpler lifestyle in the broadest sense of the word. As Erin puts it, "We can't maintain a clutter-free home if we don't also change our approach to accumulation in the first place." Or how about this gem? "We're under the false impression that we're not in control of our spaces, when the opposite is true." Woven throughout the book are simple statements like the aforementioned, containing profound thoughts about our American lifestyle: does accumulating things make us happier? do the ethics of clothes companies we buy from, matter? does your physical clutter translate to mental clutter; feeling overwhelmed? do the things we own work for the space they inhabit in our house? If you stop and think about her questions you'll see that, not only are they good for the Earth, they are transformative for the way we discern what we want in our homes and in our lives. Erin is doing all of us a favor by challenging the status quo: "more is more" |.

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